



All Things

First Aid

Make Mini First Aid Kits



What You'll Need

- Head to your local drug store and buy a travel soap dish.
- Stickers.
- One large band aid. Not too small, it should be large enough to write your child's name on.
- A felt tip pen or magic marker. Pick a fun color.

First Aid Supplies

- 3 Self-adhesive bandages. We like the kinds that have cartoons on them. Anything to make a boo-boo feel better.
 - 2 Antiseptic wipes. Make sure it's ouch-less. To clean the wound.
 - 2 Antibiotic wipes. To prevent infection.
 - 1 small roll of sterile gauze.
 - Purell hand sanitizer
 - Adhesive tape.
 - 1 Eye wash.
 - 2 Packets of burn gel.
 - 2 Insect bite ointment wipes.
 - Plastic Tweezers.
 - Travel size sunscreen. Suitable for children.
 - 3x5 card with important names and phone numbers. If possible have it laminated.
1. Adhere the large bandage on the top of your travel soap dish. Write your child's name on the band aid. Decorate the box with stickers. (Throw a few stickers in with the first aid kit. Stickers just seem to make everything better).
 2. Place your supplies inside the box, close tight and your done.
 3. Go over everything in the kit with your child and make sure they know how to use it.